




INSIGHT

a lifetime of lessons in one day

 LEAKIN PARK,
BALTIMORE

Quickly transform your group into a team through a challenging and fun character education experience. The curriculum combines a high ropes challenge course, teambuilding initiatives and reflective discussions to create a powerful day of learning. Each student walks away with practical character skills they can apply to their life while also contributing to their group's overall success and progress. This course is suited for organizations or school groups.

Baltimore Chesapeake Bay Outward Bound School's campus is located in Baltimore's Leakin Park. As one of the country's largest urban parks, it provides nearly unlimited space for discovery. Our highly trained facilitators use this outdoor environment to help thousands of students achieve more than they thought possible each year. Since 1986, we have been committed to providing a physically and emotionally safe environment for our students to grow.

FULL DAY PRICING: \$500/CREW*

**Crews are 10 participants*

POTENTIAL OUTCOMES

- Improved communication skills and systems
- Real world skills for problem solving and conflict resolution
- Strengthened sense of confidence gained by persevering through challenges
- Renewed level of trust in personal and group abilities
- Tools to inspire collaboration, achievement of group goals

SAMPLE ITINERARY*

- 9:00 // Arrival, Ice breakers
- 9:30 - 11:30 // Tone set exercise & teambuilding initiatives
- 11:30 // Group reflection & learning
- 12:00 // Lunch
- 12:30 - 2:30 // High ropes challenge course
- 3:00 // Unpack lessons and make connections to daily life

**Specific challenges are designed for each group, based on goals unique to the organization. Itinerary is subject to change based on needs of the participants and will typically progress from easier into more difficult tasks during the program.*



BALTIMORE CHESAPEAKE BAY
OUTWARD BOUND SCHOOL

1900 Eagle Drive | Baltimore MD | 21207 | 410.448.1721 | outwardboundbaltimore.org