



# MIDSHIPMEN & VETERANS: MARCH 13 - MARCH 17

*An Outward Bound Expedition*

An Outward Bound Expedition is a powerful combination of individual and team challenges, set in the difficult and unpredictable environment of the outdoors. The mix of physical, mental and emotional tests create an opportunity for lasting change, character development and personal growth. In-service military and Veterans will walk away with new perspectives, mentor relationships and strengthened desire to lead.

The Baltimore Chesapeake Bay Outward Bound School provides multi day expeditions across Maryland, Pennsylvania, West Virginia and DC on the Appalachian Trail, Chesapeake Bay, Potomac River, Dolly Sods and beyond. Since 1986, our expert facilitators have used these outdoor environments to help thousands of students achieve more than they thought possible each year.

**NO COST\* | LIMITED AVAILABILITY**

*\*Opportunity is fully funded through the USNA  
(Valued at \$875/student)*

## PROGRAM GOALS

- ⊕ Create dynamic opportunities for mentorship between in-service and veteran military
- ⊕ Enhance leadership skills among peers with varying degrees of experience and tenure
- ⊕ Foster respect and appreciation for various perspectives
- ⊕ Exercise team and personal character and leadership skills

## LOGISTICS OVERVIEW

- ⊕ **Course Area:** Appalachian Trail, Maryland
- ⊕ **Activities:** Backpacking, Rock Climbing
- ⊕ **Crew size:** 12 students, 2 instructors
- ⊕ **Start / End Location:** Outward Bound campus at 1900 Eagle Drive, Baltimore, MD 21207
- ⊕ **Instructor Training:** Wilderness First Responder, Lifeguard, Swift Water Guide, Outward Bound USA Management Skills Training I-IV, Safety & Risk Management Training, specialized skill training

