



REFLECTION SQUARES

Creatively reflect on personal strengths.



OBJECTIVES

- Students will reflect on their experience and connect learning to their classroom and community.

MATERIALS

- Paper and Drawing Supplies (i.e. Markers, colored pencils)

TIME

- 20 min
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LESSON INTRO

Use this activity to help students creatively identify personal leadership strengths.

LESSON STEP BY STEP

1. Students fold the paper in quarters.
2. Instruct students to use each 'square' for a leadership trait they know (or learned) they have, and used during their Outward Bound program.
3. Students should sketch/draw/write about their ideas and examples in each square.

VARIATIONS

This activity can be adapted to focus on various themes other than leadership strengths such as:

- moments of accomplishment
- personal goals
- times students felt supported/supported others

FACILITATOR TIPS AND NOTES

1. Post these in the class or hallway. Refer to these student traits when you see them in action in class!

REFLECTION & WRAP UP

1. Choose to share with small groups or as a whole class.
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NOTES

- **Educational Standards:** CASEL: Self Awareness, P21: Leadership and Responsibility
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