



## A WORD FROM OUR LEADERSHIP

With grateful hearts, we are honored to have spent 2023 at the helm of Chesapeake Bay Outward Bound School. In the following pages, we dive into our progress and your vital contributions to our mission.

With your support, we provided nearly 5,700 students from all walks of life with world-class outdoor education. Youth conquered their fears while navigating treetop obstacles; teachers gained access to social and emotional learning tools; and a host of other people. from veterans to business leaders, gained resilience, compassion, and a sense of belonging. On top of that, we evaluated our work and renewed our commitment to an equitable pay structure for instructors. All our programs are subsidized, which ensures that no one is left behind on our journey to create a more inclusive and equitable society.

2023 was also a year of foundation building as we look to expand our impact in Maryland and fortify our presence in Washington, DC. Guided by our Strategic Plan, we are implementing strategies to enhance our sustainability and accelerate our growth, all with the singular focus of providing our students with the tools they need to thrive in an ever-changing world.

As we raise our sights, we do so with boundless optimism, knowing that with your steadfast support, the possibilities are limitless. Together, we are building a brighter future for our students, our communities, and our world. THANK YOU. We are privileged to have you aboard!

Kristen Komlosy

Executive Director

Kister Komban

Brett Rogers Chair of the Board



At Outward Bound, our oneday Insight programs engage participants in a progression of problem-solving initiatives and challenge course elements – all supporting social emotional skill development and students' capacity to thrive.

CBOBS instructor Delaney

Pickard shares how she uses the unique challenges and opportunities of a shorter program to enhance student learning and transference.

As instructors,
we really prioritize
building bonds with
students from the getgo. One way to do that is to
immediately start a conversation
that isn't directly related to the
program. Today it was what food
they would use in a food fight

("frozen meatballs" gets my vote for most vicious answer). These interactions show students that to engage. Planning for options and quick changes like that is very important.

Sometimes the most profound and meaningful revelations come in moments of quiet reflection days, weeks, or years after..."

we care about them as people,
that we view them as

something more than just a day's work.

Assessing student needs right off the bat is key. If people come with low energy, there are ways that we can build that. It could be snacks, water, bug spray, a jacket,

just anything that makes them feel more comfortable in our space. Additionally, giving choice and agency over how their day goes greatly increases their willingness To best support student growth, flexibility is important. I like to build out a backup plan by doing research. Many of our school partners have a class motto, or values that they strive for. Learning those things ahead of time helps to understand the culture of the groups that I'm working with, as well as build transference in learning.

#### The Outdoor Classroom

In lessons, we often discuss comfort zones and challenging yourself. A novel, outdoor setting offers students a unique place to step into their learning zone with peers.



There's so many different elements between the ropes course and nature that we can utilize throughout the day to get creative with. I've had students go on a hike and ask a million questions about the trees or animals along the way. The outdoors creates constant opportunities to build students' engagement in learning.

#### Learning through Reflection

Insight programs lay the framework for future growth and discovery. No matter your age or where you are in life, taking a day to establish or renew solid foundations for personal growth will reward you for the rest of your life. That change isn't always grand and dramatic. Sometimes the most profound and meaningful revelations come in moments of quiet reflection days, weeks, or years after that seed of change was planted.

of teachers highly recommend our one - day programs

#### **SEE OUR INSIGHT PROGRAMS IN ACTION**

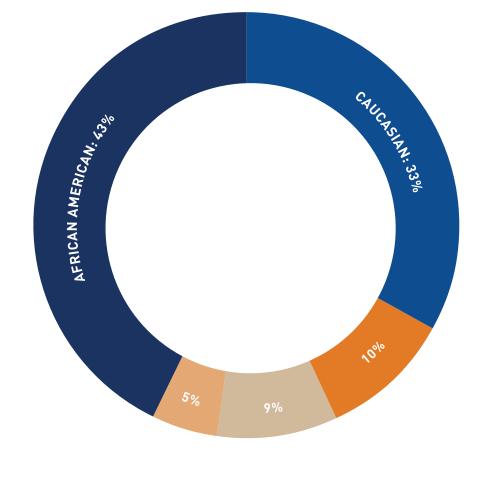




https://l.ead.me/day-program

# 5,667 STUDENTS SERVED

9,945
STUDENT ENGAGEMENTS



92

■ AFRICAN AMERICAN

**COMMUNITY PARTNERS** 

394
EDUCATORS SERVED



MULTI-ETHNIC

CAUCASIAN

HISPANIC/LATINO

ASIAN



## **INSIGHT**

STUDENTS 4,350 82%

STUDENT ENGAGEMENTS 4351 46%

## **EXPEDITION**

TUDENTS 790 15%

STUDENT ENGAGEMENTS 4890 52%

# **POLICE YOUTH CHALLENGE (PYC)**

officer trainees 186

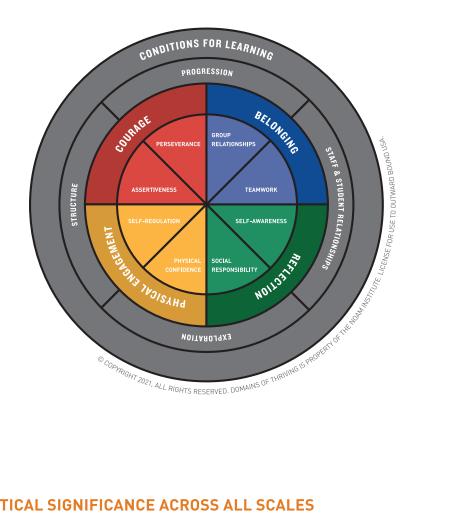
officer engagements 186 2%



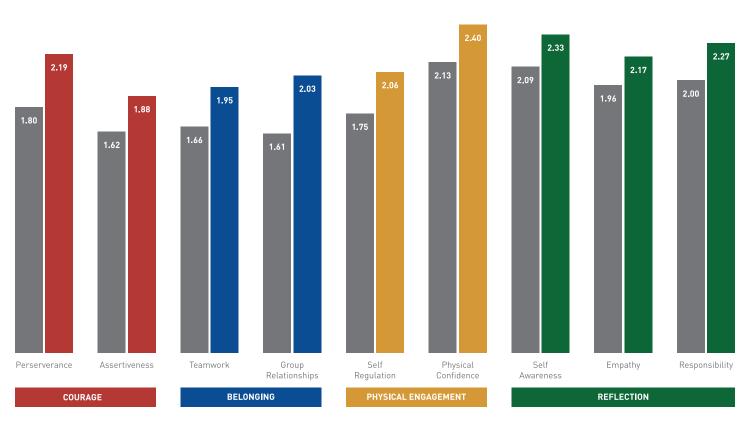
#### DOMAINS OF THRIVING

The Domains of Thriving framework combines Outward Bound's 50+ years of experience facilitating life-changing experiences with the latest insight and research on socialemotional development.

The Domains of Thriving highlights the four areas of human development that are impacted on an Outward Bound course: Courage, Belonging, Reflection, and Physical Engagement. It also identifies eight specific social-emotional skills that our students are supported to develop: Perseverance, Assertiveness, Group Relationships, Teamwork, Self-Awareness, Social-Responsibility, Self-Regulation and Physical Confidence. Surrounding all of this are our Conditions for Learning, which provide the foundation for transformative learning experiences.



#### 2023 EXPEDITION DATA; STATISTICAL SIGNIFICANCE ACROSS ALL SCALES









**SEE HOW THE DOT FRAMEWORK** IS USED IN OUR **PROGRAMS** 



https://l.ead.me/domains

4 in 5 teachers want more support to address students' social and emotional development.\* Outward Bound meets this need by providing programming that targets essential developmental skills.

Our educational model, the Domains of Thriving, spotlights our key outcomes—and helps schools, teachers, parents, and students know what to expect on an Outward-Bound program.

<sup>\*</sup>Aspen Institutes Commission on Social, Emotional, and Academic Development

# FURTHERING IMPACT

#### PARTNERING WITH EDUCATORS

Arm in arm with traditional educators, we transform students' learning experiences. Whether 1 or 12 days long, CBOBS's programs answer the call for social and emotional learning. With experiential education for students and professional

development for teachers, we work with schools to build holistic, multi-year partnerships that weave SEL throughout multiple grades. Students develop vital skills in Outward Bound programs that they take back to their classrooms and communities.

LEARNING ENVIRONMENT



**CONNECTEDNESS** 

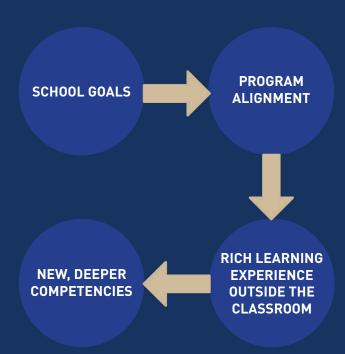


ENGAGEMENT AT SCHOOL

92%

OF TEACHERS SAY THAT OUTWARD BOUND CREATED A SUPPORTIVE LEARNING ENVIRONMENT FOR THEIR STUDENTS.

#### ESTABLISHING SHARED OBJECTIVES FOR DEEPER LEARNING



Research shows that partnerships between schools and educational programs that have alignment on student goals have greater impact\*.

Students are more likely to build new competencies when they experience similar instructional approaches across settings and content areas and have multiple opportunities to practice the same skills.

At Outward Bound, we work with schools to establish shared goals so that students have opportunities to refine those skills outside the classroom. Students return to their schools with increased awareness and the ability to apply those skills in their own context.

\*CASEL Systematic SEL Implementation and Community Organizations



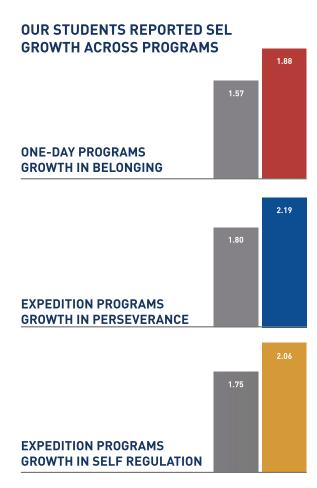
# HARNESSING NOVEL ENVIRONMENTS

# CBOBS PROVIDES OPPORTUNITIES THAT ARE NEW & EXCITING

Novel environments help young people engage with new perspectives, and kids who spend time outdoors report increased wellbeing. When these ingredients are combined with structures that promote agency and collaboration, the gains are far reaching. Recent studies show that young people develop social and emotional capacities at a higher rate in outdoor programs than in non-outdoor programs\*

Whether teambuilding at a local park or hiking the Appalachian Trail, CBOBS students are immersed in stimulating environments that strengthen their connection, self-regulation, and resilience.







# **CBOBS IN WASHINGTON, DC**



#### THE WAY FORWARD

The value of social emotional skills continues to be an underresourced part of every student experience. At the request of DC stakeholders, we began partnering with DC schools in 2019. With the pandemic behind us, we are growing in the nation's capital. We plan to serve 2,000 DC residents in 2024, with additional increases in future years. Our vision for DC includes a local basecamp that will be established in 2025. Stay tuned for more details!

167
DC EDUCATORS SERVED

2177
DC STUDENT ENGAGEMENTS

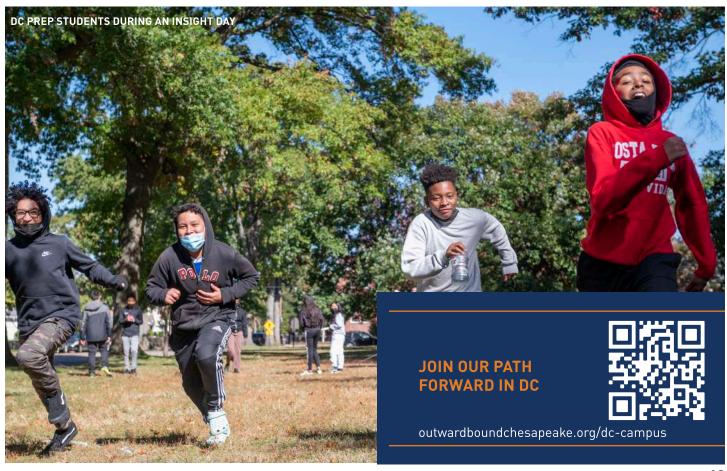


# DC COMMUNITY PARTNERS

#### **NEW BOARD MEMBER SPOTLIGHT**

We are thrilled to welcome Larry Savoy to our Board of Trustees! Larry is a 3x Outward-Bound alumnus and the President of Archbishop Carroll High School. Savoy shares that through Outward Bound his students "have this opportunity to do something that they probably would never be able to do [otherwise] . . . and then bring it back into the community."





# SCHOLARSHIPS

TO BREAK DOWN BARRIERS TO TRANSFORMATIVE SOCIAL AND EMOTIONAL LEARNING, WE SUBSIDIZE ALL OUR PROGRAMS.

None of our students pay full value, and we use a sliding scale to determine pricing. Nonprofit clients receive heavily discounted rates, and schools with students who receive free and reduced meals (FARM) are charged a minimal fee based on their FARM rate. Everything students access on the trail – from hiking boots, to rain jackets, to sleeping bags – is provided free of cost.

## **2023 MERIT SCHOLARS**

We also offer fully funded, merit-based leadership challenges for youth in the region. These summer courses offer middle and high-school students a chance to take their leadership skills to the next level. All applicants go through a highly selective application process, and many students are previous Outward Bound alumni. Congratulations to our 2023 Youth Leadership Corps and Get Out and Lead alumni!

# GET OUT & LEAD SCHOLARS

Aria R.H.
Addison A.
Max S.

Phineas R.

Braelyn M.

Jeremiah B.

Gideon B.J.

Christopher J.

# YOUTH LEADERSHIP CORPS SCHOLARS

Caleb D. Molly R.J.

Maija L.

Noa S.

Greicy R.R.

Charlie D.

William T.

Isitua A.

This experience left an indelible mark on my life...
I look forward to taking the skills I've learned throughout this course and incorporating them into my everyday life.

- Caleb D., 2023 YLC Alum





### **COMMUNITY ENGAGEMENT**

From hosting community events to building connections, engaging with mission-aligned partners and local community members is a priority to CBOBS. Here are a few of the ways we engaged with Washington, DC and Baltimore partners across 2023.



#### **BALTIMORE COMMUNITY LEADER HIKE**

In May, CBOBS leaders, Councilmember Kristerfer Burnett, and other community leaders across the Baltimore region came together for a hike and conversation through the trails of Leakin Park.



#### **POLICE YOUTH CHALLENGE (PYC)**

This valuable program continued as a space for new recruits to engage with the youth from the communities of Baltimore as a part of their Police Academy training.



#### **LEAKIN PARK SECOND SUNDAYS**

On the second Sunday of each month (April – November), we join Friends of Gwynns Falls/Leakin Park in hosting family friendly activities. Adults and kids alike challenge themselves on our climbing wall!



#### **COMMUNITY PARTNERS**

#### **COLLEGES & UNIVERSITIES**

Johns Hopkins Carey Business School Johns Hopkins University Loyola University United States Naval Academy University of Baltimore

#### **CORPORATIONS**

BGE
Brotman Financial
Capacity Group
Clark Construction Group, LLC.
Constellation Energy Generation
LLC

The Leadership Trane Baltimore

#### **INDEPENDENT SCHOOLS**

Archbishop Carroll High School BASIS Independent McLean Boys' Latin School of Maryland Episcopal High School Georgetown Day School Gilman School Saint Ignatius Loyola Academy St. Paul's School The Calvert School

#### **GOVERNMENT**

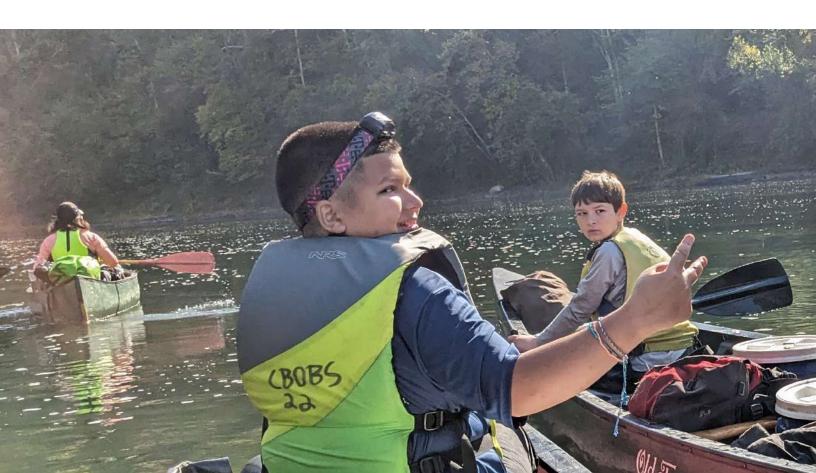
Baltimore City Department of Recreation and Parks Baltimore Police Department Congressman Dutch Ruppersberger's Office Metropolitan Police Department of the District of Columbia Prince George's County Police Athletic League

#### **PUBLIC & CHARTER SCHOOLS**

Armistead Gardens Elementary
Middle School
Baltimore City Public Schools
Baltimore Leadership School for
Young Women
Baltimore Montessori Public
Charter School
Bowie State University
Brookland Middle School
Calvin Rodwell Elementary
Middle School
Carroll Creek Montessori Public

Charter School Carver Vocational-Technical High School City Neighbors Charter School 1 City Neighbors High School City Springs Elementary Middle School Cross Country Elementary Middle School DC Prep Elmer A. Henderson: A Johns Hopkins Partnership School Fort Worthington Elementary Middle School Francis Scott Key Elementary Middle School Frederick Douglass High School Hampstead Hill Academy Harford County Public Schools Harford Heights Elementary School Highlandtown Elementary Middle

Joseph C. Briscoe Academy Kingsman Academy PCS Lillie May Carroll Jackson Charter School





Maree Farring Elementary Middle School Mergenthaler Vocational-Technical High School Mt. Royal Elementary Middle School Patterson Park Public Charter School Roland Park Elementary Middle School Roosevelt STAY Southwest Baltimore Charter School (SBCS) Swansfield Elementary School The Crossroads School The Sojourner Truth School Thomas Jefferson Elementary Middle School Western High School William Paca Elementary School

# YOUTH SERVING ORGANIZATIONS & NON-PROFITS

2nd Lieutenant Richard W. Collins III Foundation Adelante Latina Archbishop Carroll High School Art with a Heart Baltimore City Department of Recreation and Parks Baltimore Educational Scholarship Trust (BEST) Baltimore Hunger Project BASIS Independent McLean Boys' Latin School of Maryland Bridges Baltimore Chesapeake Bay Foundation City Kids Wilderness Project City of Refuge City Year - Washington, DC Congressman Dutch Ruppersberger's Office Downtown Partnership of Baltimore Episcopal High School Game, Inc. Georgetown Day School Gilman School Greater Baltimore Wilderness Coalition Hope For Grieving Families

I Am Mentality/Youth Male Empowerment Project Last Mile Education Fund Leadership Anne Arundel Maryland Hall Mayor's Office of African American Male Engagement Metropolitan Police Department of the District of Columbia Mission Continues Prince George's County Police Athletic League Saint Ignatius Loyola Academy South Baltimore Learning Center St. Mary's Seminary St. Paul's School The Calvert School The Jude House The Smithsonian Institution TRiO Upward Bound (Prince George's Community College) Washington Nationals Youth Baseball Academy World Trade Center Institute Youth Guidance - DC



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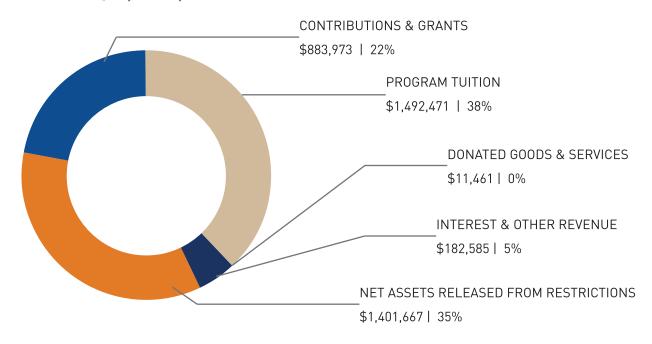
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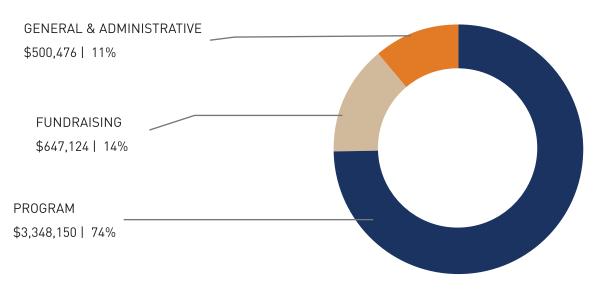
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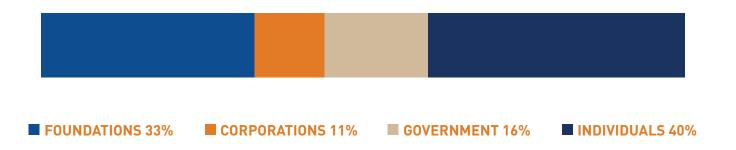
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# **EXPENSES \$4,495,750**



## **FUNDING SOURCES**







www.outwardboundchesapeake.org







