



GIVE ONE GET ONE CHALLENGE IDEAS

Format for sharing ideas and perspectives on challenge.

OBJECTIVES

- Students will synthesize and summarize ideas taken from content on challenge.
- Students will compare personal perspective with peer's perspective

MATERIALS

- Notecards (4 per student)
- Challenge Resources (printed for each student or displayed):
 - ✓ Autobiography in 5 Chapters
 - ✓ Caterpillar Tale
 - ✓ Rise Above Spoken Word (video)
 - ✓ Challenge Quotes
- AV equipment to project or display the video--sound only is ok
- GOGOMO Graphic Organizer (optional for a variation of this lesson)

TIME

45 min

LESSON INTRO

This activity provides a structured format for students to summarize and share their ideas based on specific readings. You can structure it with movement, or make it a silent, written experience by seeing the Variations section.

LESSON STEP BY STEP

1. Intro this lesson by sharing that the group will spend time hearing or reading some content, then responding personally, and then finally sharing their ideas with the class.
2. Read and display the essential question: What does it take to get through a challenge successfully?

3. Remind the class that challenges can be physical, social, spiritual, emotional, or mental. Students should think broadly about the topic of challenge and make as many connections as they can throughout this session.
4. Distribute four index cards to each student.
5. Explain to students that you will distribute or display one piece of material at a time. As students watch or read, they will think about what the piece says to them about the essential question: What does it take to get through a challenge successfully?
6. Once the reading is complete, students will take some time to think about the main idea, thought, or concept that they took from the content. This should be an important message or idea that they believe in or learned.
7. Then, students will record their idea on a notecard. During the next phase of the activity, students will be “giving away” these ideas.
8. Show or read the first piece of content (reading/video/poem). Allow time for students to read, think, and record their ideas on a notecard.
9. Once students have completed notecard #1, display or read the second piece of content. Similar as before, students should consider what important message or idea about overcoming challenge the piece conveys to them—and record it on the second notecard.
10. Once students have completed notecard #2, display or read the third piece of content. As before, students should consider what important message or idea that they believe in or learned—and record it on the third notecard.
11. Once students have completed notecard #3, display or read the fourth piece of content. Again, students should consider what important message or idea that they believe in or learned—and record it on the third notecard.
12. Next, invite the group to get up and mingle with their peers.
13. After about 30 seconds, call out “GIVE ONE!”
14. Participants form trios of students and each person shares (“gives”) one of his or her key learnings or important ideas about the topic to the others. Time for this will range from 3 – 6 minutes.
15. Consider incorporating a short discussion prompt into each round to direct conversation such as:
 - What do you believe is the core message of this piece?
16. Call out “MOVE ON” and participants mingle again. Repeat the grouping and sharing for two more rounds.

VARIATIONS

1. Vary the size of the group for sharing to 4 or 5 students.
2. Be more intentional about your expectations for what students write on their index cards. For example, have students write about characteristics that they observed in the characters, or a sentence stem to complete.

3. GOGOMO can be made into a silent, written experience by using the GO, GO, MO graphic organizer. For using the written version, ask students to think of an important idea from the lesson and write it down in Box 1. Pass the sheet to another student, who will read box 1. That person will add an idea to box 2. Do not repeat ideas. Continue to pass the sheet until all the boxes are filled! Last, return the sheet to its original owner.
4. Replace the given readings with excerpts from recent literature or historical texts that the class has been working on.

FACILITATOR TIPS AND NOTES

See GOGOMO in action with this short video:

<https://eleducation.org/resources/give-one-get-one-move-on-go-go-mo>

REFLECTION & WRAP UP

1. Share the following excerpt:

“Are you ready?” Klaus asked finally.

“No,” Sunny answered.

“Me neither,” Violet said, “but if we wait until we’re ready we’ll be waiting for the rest of our lives. Let’s go.”

Ask students to journal their response to the prompt, “What do you tell yourself when you encounter a life challenge?” Then, rewrite the quote from Violet with student’s own mantra!

NOTES

Educational Standards: CASEL: Self Awareness, P21: Critical Thinking and Problem Solving, P21: Communication and Collaboration, CCRS:SL1 Have Diverse Conversations, CCRS:SL2 Integrate and Evaluate Information, CCRS:SL3 Evaluate Perspective and Evidence

Autobiography in Five Chapters

by Portia Nelson

I

I walk down the street.
There is a deep hole in the sidewalk
I fall in.
I am lost...
I am hopeless.
It isn't my fault.
It takes forever to find a way out.

II

I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in again.
I can't believe I'm in the same place.
But it isn't my fault.
It still takes a long time to get out.

III

I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there.
I still fall in...it's a habit
My eyes are open; I know where I am;
It is my fault.
I get out immediately.

IV

I walk down the same street.
There is a deep hole in the sidewalk.
I walk around it.

V

I walk down another street.

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I walk down another street.

Once a little boy was playing outdoors and found a fascinating caterpillar. He carefully picked it up and took it home to show his mother. He asked his mother if he could keep it, and she said he could if he would take good care of it.

The little boy got a large jar from his mother and put plants to eat, and a stick to climb on, in the jar. Every day he watched the caterpillar and brought it new plants to eat.

One day the caterpillar climbed up the stick and started acting strangely. The boy worriedly called his mother who came and understood that the caterpillar was creating a cocoon. The mother explained to the boy how the caterpillar was going to go through a metamorphosis and become a butterfly.

The little boy was thrilled to hear about the changes his caterpillar would go through. He watched every day, waiting for the butterfly to emerge. One day it happened, a small hole appeared in the cocoon and the butterfly started to struggle to come out.

At first the boy was excited, but soon he became concerned. The butterfly was struggling so hard to get out! It looked like it couldn't break free! It looked desperate! It looked like it was making no progress!

The boy was so concerned he decided to help. He ran to get scissors, and then walked back (because he had learned not to run with scissors...). He snipped the cocoon to make the hole bigger and the butterfly quickly emerged!

As the butterfly came out the boy was surprised. It had a swollen body and small, shriveled wings. He continued to watch the butterfly expecting that, at any moment, the wings would dry out, enlarge and expand to support the swollen body. He knew that in time the body would shrink and the butterfly's wings would expand.

But neither happened! The butterfly spent the rest of its life crawling around with a swollen body and shriveled wings. It never was able to fly...

As the boy tried to figure out what had gone wrong his mother took him to talk to a scientist from a local college. He learned that the butterfly was **SUPPOSED** to struggle.

In fact, the butterfly's struggle to push its way through the tiny opening of the cocoon pushes the fluid out of its body and into its wings. Without the struggle, the butterfly would never, ever fly.

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“At times the world may seem an unfriendly and sinister place, but believe that there is much more good in it than bad. All you have to do is look hard enough and what might seem to be a series of unfortunate events may in fact be the first steps of a journey.”

— Lemony Snicket

“No matter what you are attempting to achieve, it will not happen without sacrifice, hard work, a positive environment, a positive mental attitude, passion, determination, meditation, introspection, prayer and vision. Never use the word try, just do what you need to do to get to the next step. Don't make excuses, don't blame others, don't blame your circumstances. Take personal responsibility, surround yourself with good people and let go of anything or anyone who tries to stop you from doing what you need to do to become the best you! Watch for distractions because they are everywhere. I wish for the best for you and yours!”

— Arik Hoover

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GIVE ONE GET ONE MOVE ON Name: _____ Topic: _____

1	2	3
4	5	6
7	8	9
10	11	12
13	14	15

